
#ConnectingCommunities

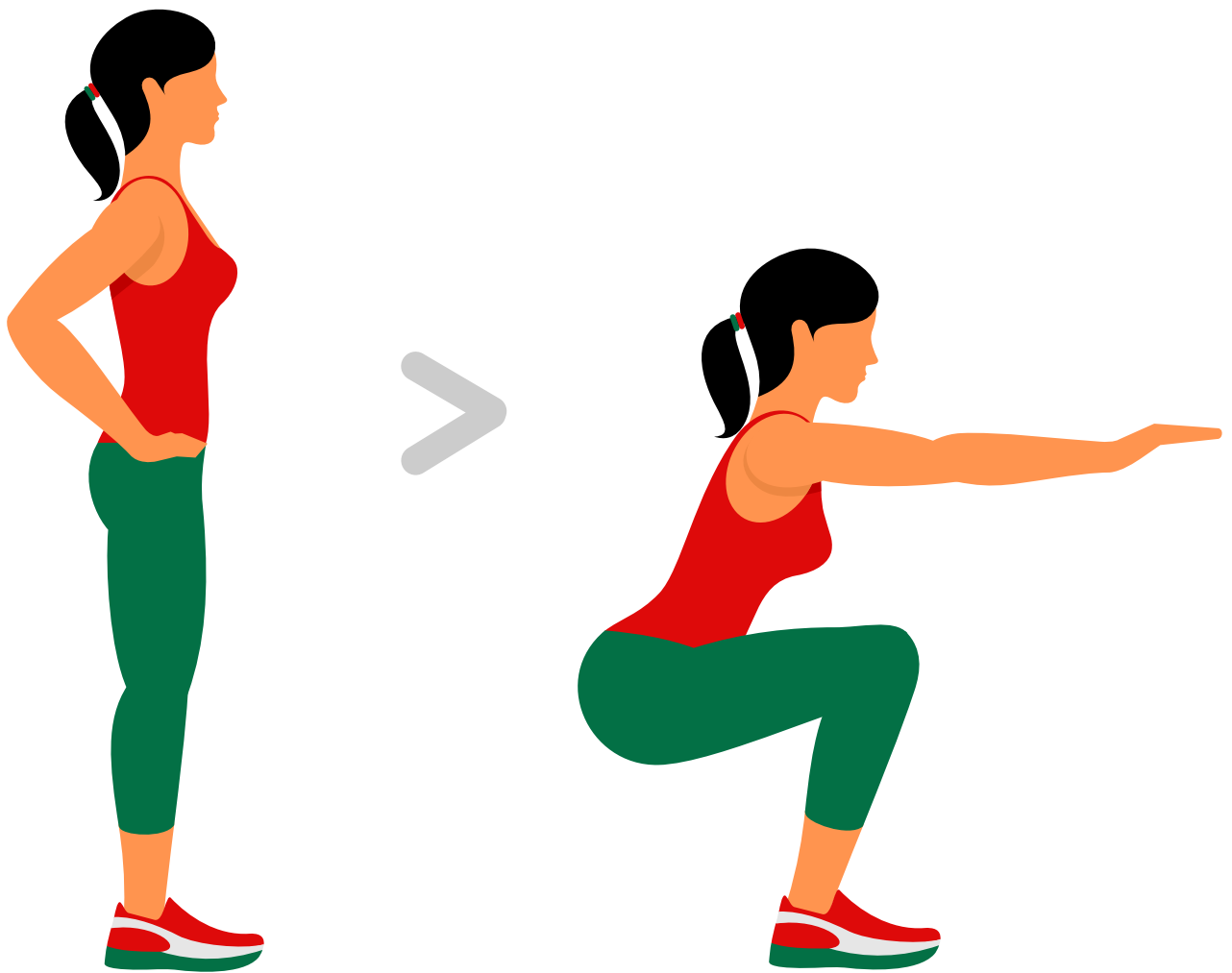
Challenge Your Neighbors!



Jumping Jacks

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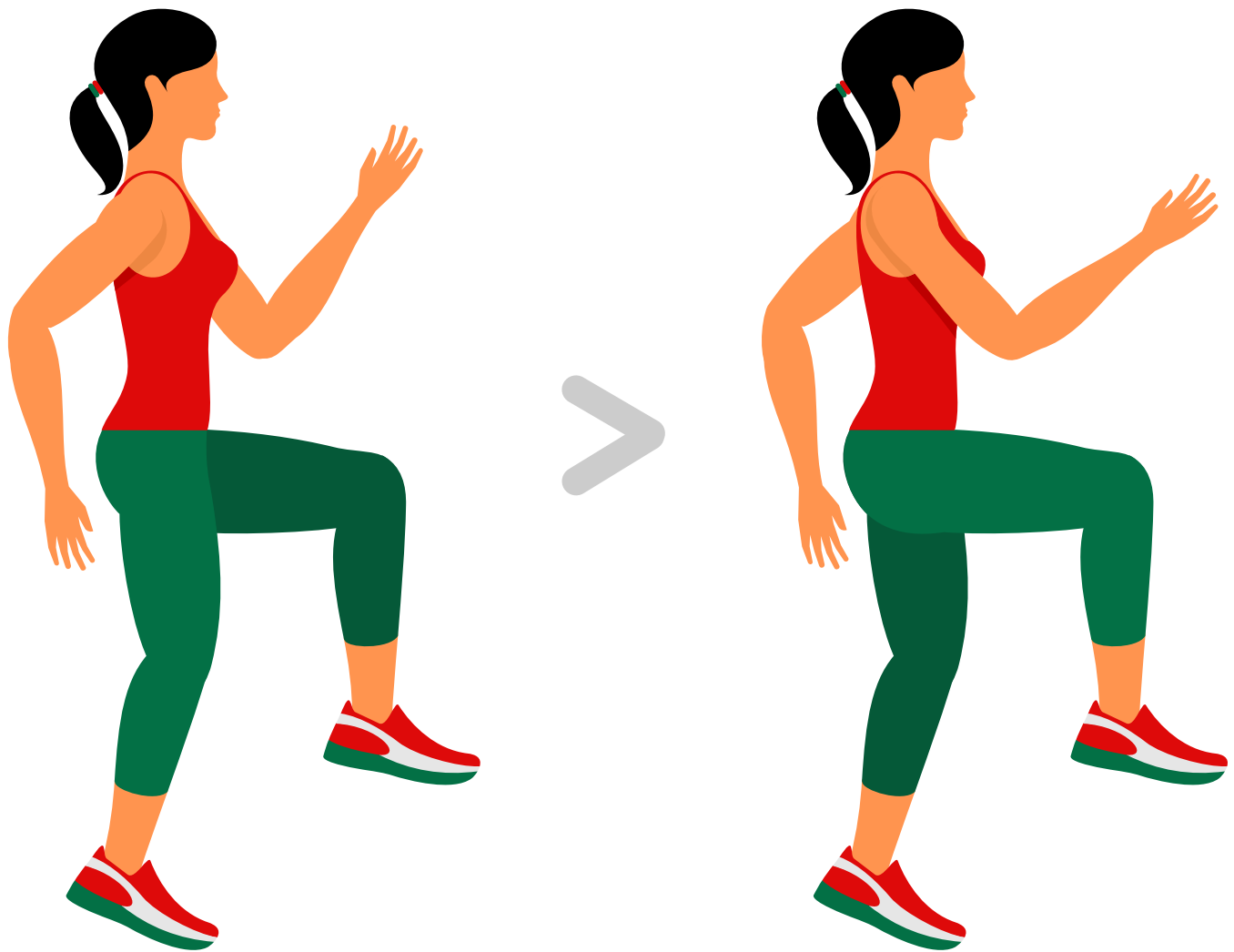
Challenge Your Neighbors!



Squats

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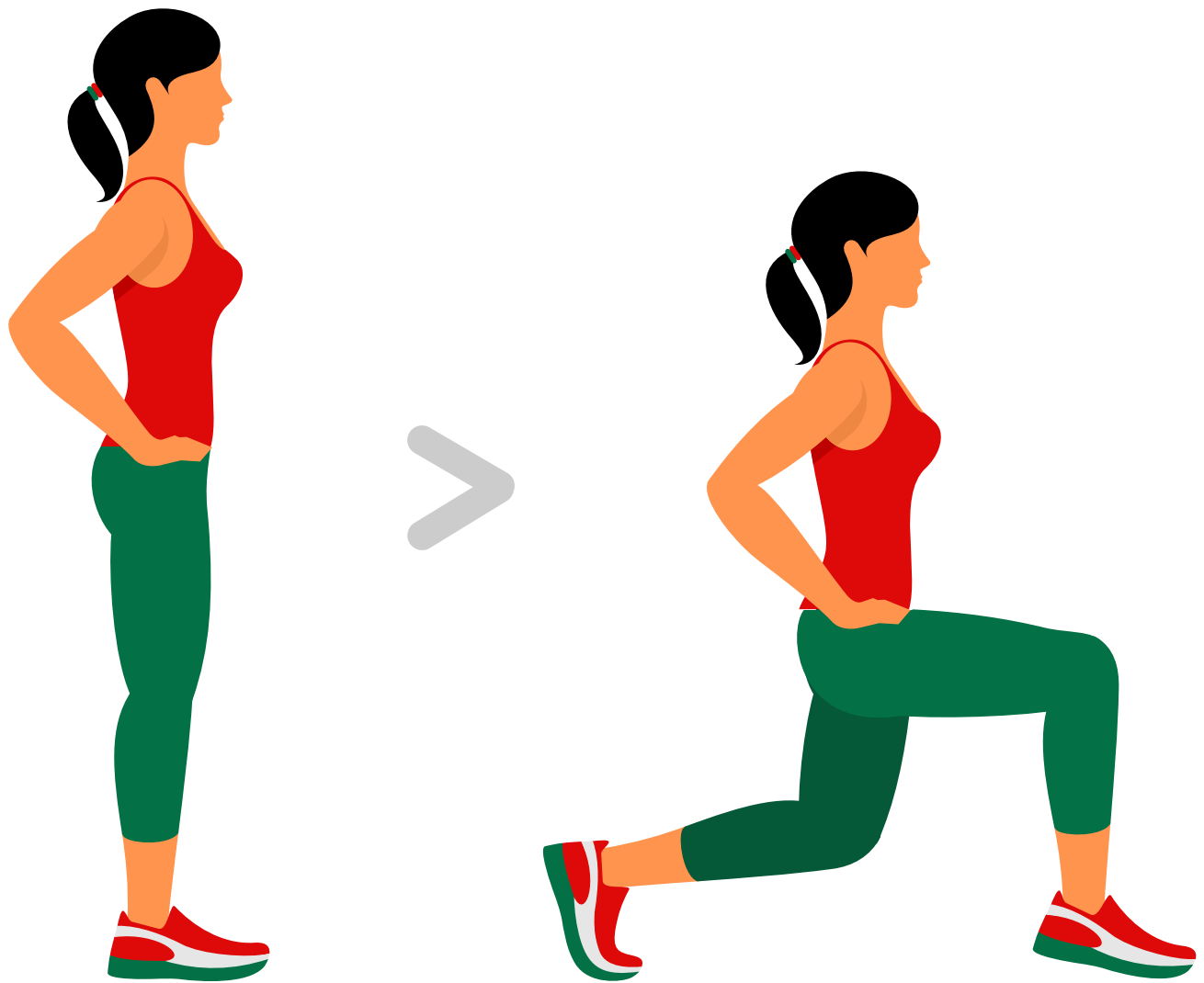
Challenge Your Neighbors!



Run in place

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Lunges